



**Notice Informing Individuals About Nondiscrimination and Accessibility Requirements:
Discrimination is Against the Law**

Virginia Hospital Center Arlington Health System complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The Virginia Hospital Center Arlington Health System does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Virginia Hospital Center Arlington Health System:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact 703.558.5577.

If you believe that Virginia Hospital Center Arlington Health System has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: the Civil Rights Coordinator by contacting the Patient Relations Department, 1625 N. George Mason Drive, Arlington, VA 22205, Phone: 703.558.6195, 703.558.5551 (TTY), Fax: 703.558.5273, patientrelations@virginiahospitalcenter.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Patient Relations Department is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-868-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.