

Pre-Op *Telephone* Interview Appointment

You have been asked to complete a pre-op screening telephone interview. To assist you with this process, IN THE NEXT 24 HOURS, please remember:

- Fill out the health history form enclosed
- Call the Pre-op screening department @ 703-558-6159 to set up your appointment
- Your promptness in completing this is greatly appreciated to prevent delays in your surgery.
- We would like to remind you about your NPO (nothing by mouth) status prior to surgery. NPO means no food or drink, ice chips, gum, mints or hard candy eight hours prior to your surgery. Depending on the time and type of surgery/procedure, you may be allowed small amount clear liquids four hours prior to your surgery as instructed by your pre-op interview nurse. NPO restriction is important and necessary to prevent aspiration of stomach contents into your lungs causing potential pneumonia leading to post operative complications.
- Your interview will take approximately 30 to 60 minutes and a registered nurse will:
 - conduct your interview
 - provide information about your surgery/procedure
 - provide information and instructions about your medications
 - provide or obtain information on preoperative testing requirements and medical clearances. (You will need to know the name and telephone number of the doctor or testing place where your preoperative tests are done, if not done at Virginia Hospital Center)
 - answer any questions and address any concerns you may have
- The goal of this interview is to identify any potential risks to you prior to your surgery. If you have any questions about filling out the health history form or telephone interview, please call 703-558-6159. You may leave a message and your call will returned as soon as possible.
- The morning of your surgery you will:
 - Check in at Surgery Center Registration on the second floor of the 1625 Building, park in the BLUE Parking Garage. (the cost is \$5.00/day)
 - Be escorted to your Surgery Center room
 - Be prepared for surgery by a registered nurse
 - Visit with an anesthesia doctor

Thank you for choosing Virginia Hospital Center and participating as an active partner in your health and well being.